

Deroofing Procedure Supply List



We've created this quick list of products to have on hand if you're having a deroofing or smaller surgical procedure. Better prepared patients heal better! Here's what we recommend to have at home before your procedure:

4x4 non-woven gauze sponges and/or ABD pads

Both 4x4 non-woven gauze and ABD pads are great to have on hand. You can layer gauze and place an ABD pad over the top and adhere with tape.



Aquaphor or Vaseline

Apply generously to your wound before covering it with gauze using a Q-Tip. Learn more about Aquaphor vs. Vaseline here.

Saline

Use for rinsing your wound before bandaging. If you can't get the bottle of saline, using saline wound wash is fine.

Don't spray the stream directly on the wound as it may hurt.



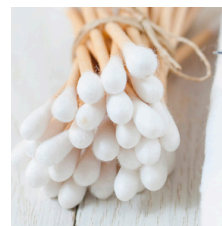
Tape

We recommend Hypafix or Silicone tape, sometimes having both on hand to switch between is best!

If you're having a reaction to tape, try "tape origami," fold the gauze/bandage differently each time to not continually cover the same skin!

Q-tips & Gloves

Glove up before tending to wounds. Regular household Q-tips work! Use to apply the Aquaphor or Vaseline to your wound before bandaging.



Silicone bordered foam dressings

These are a great option for a bit further along in the healing process, but can also be used immediately if comfortable.

Gentle to remove, stick well and easy to apply! The pad on the bandage is sticky, so for fresh wounds, apply a small piece of gauze on the pad to keep it from being sticky!



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